Website:

https://sdsupsichi.wixs ite.com/sdsupsichi **Email:**

psych.sdsu@gmail.com

Instagram:

@sdsupsichi

Facebook:

Psi Chi Psych Club

Psychology Club & Psi Chi

March 8, 2023

← Scan to sign in

 $\textbf{Join our GroupMe} \rightarrow$





San Diego! Eat to support

PSI CHI / PSYCHOLOGY CLUB

Mention our group when you order!







Epic Wings n' Things **5120 College Ave.**



Cords for Graduating Seniors!

- If you are graduating this semester and think you are eligible for a cord for either Psi Chi, Psych Club, or both
 - Please fill out the google form!
- You are eligible if you have been active for 2 semesters.
- If you are not eligible, you are still able to purchase a cord for 12 dollars.



SDSU Psychology Department

and the Spatio-Temporal Brain Imaging Lab

are recruiting healthy adults 18-40 years of age for a

Study on Relaxation Techniques

The study uses electroencephalography (EEG) to examine neural indices associated with common relaxation practices including:

MINDFULNESS and ASMR (Autonomous Sensory Meridian Response)

We are seeking individuals WITH and WITHOUT experience with these techniques.

Qualified participants will be requested to visit the lab three times (approximately 2 hrs per session) and engage in relaxation and simple tasks while their EEG signals are being recorded. They will fill out questionnaires (up to 20 min).

Participants will receive \$25/hr. Requirements: 18 - 40 years of age, healthy, right-handed

If interested, please contact Dr. Ksenija Marinkovic or her associates at psych.stbil@sdsu.edu

EEG Relaxation Study Psych. stbil@sdsu.edu EEG Relaxation Study sych. stbil@sdsu.edu	EEG Relaxation Study sych.stbil@sdsu.edu	EEG Relaxation Study sych.stbil@sdsu.edu EEG Relaxation Study sych.stbil@sdsu.edu	EEG Relaxation Study
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Approved SDSU IRB

08-Oct-2019

Mental health is about community.

One of the ways you can help your community is by signing up to become a volunteer Crisis Counselor.

Learn more at crisistextline.org/volunteer

Free, 24/7 support for people in crisis.

CRISIS TEXT LINE

CRISIS TEXT LINE

Whether it's your friends, family, or community, everyone needs someone to lean on.



If you don't know where to turn, you can text **HOME** to **741741**.

A volunteer Crisis Counselor with Crisis Text Line will be there for you. It's free and 24/7.



- Hours are flexible, remote, and look great on grad school applications!
- Email
 khelmke@crisistextline.org
 with any questions

Tomato Fundraiser







- Get a fundraising point by ordering from a variety of 56 rare & unusual heirloom tomatoes
- Tomatoes are grown & picked in mid/late April
- **Scan the QR code** to access the tomato varieties, excel sheet to fill out with your order, and email to send your order to
- Order early to get the plants you want!
 - March 26th is the deadline
- All proceeds support the Psychology & Psi Chi club

QR Code for excel sheet:



Hot Chocolate Run

- Service point opportunity!
- Weekend of March 19th at Petco Park
- Start Time **5:30am-11am**
- Volunteers (on 3/19 only) get a goodie bag

Scan here for the website for more info →





← Official Sign Up!

Psychology Club Applications

- Anyone can join! You do not have to be a Psychology major or minor
- Applications can be downloaded off of our website (https://sdsupsichi.wixsite.com/sdsupsichi)
 - Email applications to psych.sdsu@gmail.com, or turn in a paper copy
- There is a one-time membership fee of \$20
 - Pay to our Venmo @Julie-Kersey, or pay cash in person
 - Must be paid at the time that you give us your application to process it
 - DO NOT mark payment as a "good or service"

Psi Chi Requirements for Membership

- Be enrolled as a major or minor in a psychology program (or psychology related); pre-major status does not qualify
- Have completed at least 3 semesters
- Have completed at least 9 units (or equivalent) of psychology courses at SDSU; transfer students are not eligible in their first semester at SDSU
- Have earned an overall GPA of minimum 3.0 on a 4-point scale
- Have a minimum 3.0 GPA in psychology courses

If you have **any questions** or want to check on your eligibility, please email us at **psych.sdsu@gmail.com**!

How to Apply to Psi Chi

What to submit?

- Filled out PDF application downloaded from our website
- Copy of full Degree Evaluation (DARS) unofficial transcripts are not accepted
- Fill out the online Psi Chi International application (link is on our website)
- Venmo \$80 non refundable* application fee/dues to @Julie-Kersey
 - DO NOT mark payment as a "good or service"

How to submit?

- Email/Printed PDF application and DARS
- Venmo/Cash \$80 application fee

You will receive a **confirmation email** once we receive everything above. We do not process or send out acceptance emails until after the deadline has passed (**March 22nd, 2023**).

*Since our application fee is non refundable, we highly encourage applicants to meet with a Psi Chi officer before submitting their application.

Welcome Dr. Gilbert!





Next Meeting: Wednesday, March 15

<u>Social</u> Jeopardy!

Any questions, comments, or concerns?

Feel free to email us psych.sdsu@gmail.com

Credits: This presentation template was created by **Slidesgo**, including icons by **Flaticon** and infographics & images by **Freepik**



