Website:

https://sdsupsichi.wixs ite.com/sdsupsichi

Email:

psych.sdsu@gmail.com

Instagram:

@sdsupsichi

Facebook:

Psi Chi Psych Club

Psychology Club & Psi Chi

March 22, 2023



← Scan to sign in

 $\textbf{Join our GroupMe} \rightarrow$



Cords for Graduating Seniors!

- If you are graduating this semester and think you are eligible for a cord for either Psi Chi, Psych Club, or both
 - Please fill out the google form!
- You are eligible if you have been active for 2 semesters.
- If you are not eligible, you are still able to purchase a cord for 12 dollars.



SDSU Psychology Department

and the Spatio-Temporal Brain Imaging Lab

are recruiting healthy adults 18-40 years of age for a

Study on Relaxation Techniques

The study uses electroencephalography (EEG) to examine neural indices associated with common relaxation practices including:

MINDFULNESS and ASMR (Autonomous Sensory Meridian Response)

We are seeking individuals WITH and WITHOUT experience with these techniques. Qualified participants will be requested to visit the lab three times (approximately 2 hrs per session) and engage in relaxation and simple tasks while their EEG signals are being recorded. They will fill out questionnaires (up to 20 min).

Participants will receive \$25/hr. Requirements: 18 - 40 years of age, healthy, right-handed

If interested, please contact Dr. Ksenija Marinkovic or her associates at psych.stbil@sdsu.edu

EEG Relaxation Study psych.stbil@sdsu.edu EEG Relaxation Study sych.stbil@sdsu.edu EEG Relaxation Study	rch.stbil@sdsu.edu EG Relaxation Stud rch.stbil@sdsu.edu EG Relaxation Stud rch.stbil@sdsu.edu
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Mental health is about community.

One of the ways you can help your community is by signing up to become a volunteer Crisis Counselor.

Learn more at crisistextline.org/volunteer

Free, 24/7 support for people in crisis.

RISIS TEXT LINE |

CRISIS TEXT LINE

Whether it's your friends, family, or community, everyone needs someone to lean on.



If you don't know where to turn, you can text **HOME** to **741741**.

A volunteer Crisis Counselor with Crisis Text Line will be there for you. It's free and 24/7.



- Hours are flexible, remote, and look great on grad school applications!
- Email
 <u>khelmke@crisistextline.org</u>
 with any questions

Tomato Fundraiser



QR Code for Tomato Info:



- Get a fundraising point by ordering from a variety of 56 rare & unusual heirloom tomatoes
- Tomatoes are grown & picked in mid/late April
- **Scan the QR code** to access the tomato varieties, excel sheet to fill out with your order, and email to send your order to
- Order early to get the plants you want!
 - March 26th is the deadline
- All proceeds support the Psychology & Psi Chi club

QR Code for excel sheet:



Psychology Club Applications

- Anyone can join! You do not have to be a Psychology major or minor
- Applications can be downloaded off of our website (https://sdsupsichi.wixsite.com/sdsupsichi)
 - Email applications to **psych.sdsu@gmail.com**, or turn in a paper copy
- There is a one-time membership fee of \$20
 - Pay to our Venmo @Julie-Kersey, or pay cash in person
 - Must be paid at the time that you give us your application to process it
 - DO NOT mark payment as a "good or service"

Psi Chi Requirements for Membership

- Be enrolled as a major or minor in a psychology program (or psychology related); pre-major status does not qualify
- Have completed at least 3 semesters
- Have completed at least 9 units (or equivalent) of psychology courses at SDSU; transfer students are not eligible in their first semester at SDSU
- Have earned an overall GPA of minimum 3.0 on a 4-point scale
- Have a minimum 3.0 GPA in psychology courses

If you have **any questions** or want to check on your eligibility, please email us at **psych.sdsu@gmail.com**!

How to Apply to Psi Chi

What to submit?

- Filled out PDF application downloaded from our website
- Copy of full Degree Evaluation (DARS) unofficial transcripts are not accepted
- Fill out the online Psi Chi International application (link is on our website)
- Venmo \$80 non refundable* application fee/dues to @Julie-Kersey
 - DO NOT mark payment as a "good or service"

How to submit?

- Email/Printed PDF application and DARS
- Venmo/Cash \$80 application fee

You will receive a **confirmation email** once we receive everything above. We do not process or send out acceptance emails until after the deadline has passed (**March 22nd, 2023**).

*Since our application fee is non refundable, we highly encourage applicants to meet with a Psi Chi officer before submitting their application.

Welcome, Jessica McCurley!





Next Meeting: Wednesday, April 5th

E-Board Panel Grad School & Elections

Any questions, comments, or concerns?

Feel free to email us
psych.sdsu@gmail.com

Credits: This presentation template was created by **Slidesgo**, including icons by **Flaticon** and infographics & images by **Freepik**

